



Note 1 - Clinical history and examination

History – hand dominance, patient’s occupation, pain, interference with normal daily activities / work / recreational activities, location / duration / history of symptoms / spontaneous occurrence / trauma/ arthritis, change in size, previous treatments tried, recurrence including post-surgery, compressive neurological symptoms

Examination – Swelling location often mid-point dorsal wrist (scapholunate joint), or volo-radial wrist (radiocarpal joint) base of thumb side (palmar wrist ganglia - wrist joint), swelling may or may not be tender, smooth, round, fluctuant, able to transilluminate, restricted movement, compressive neurological signs.

Note 2 - PIFU

Trusts must be able to provide PIFU patients with quick access to respond to urgent concerns in the 2 weeks following surgery.



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