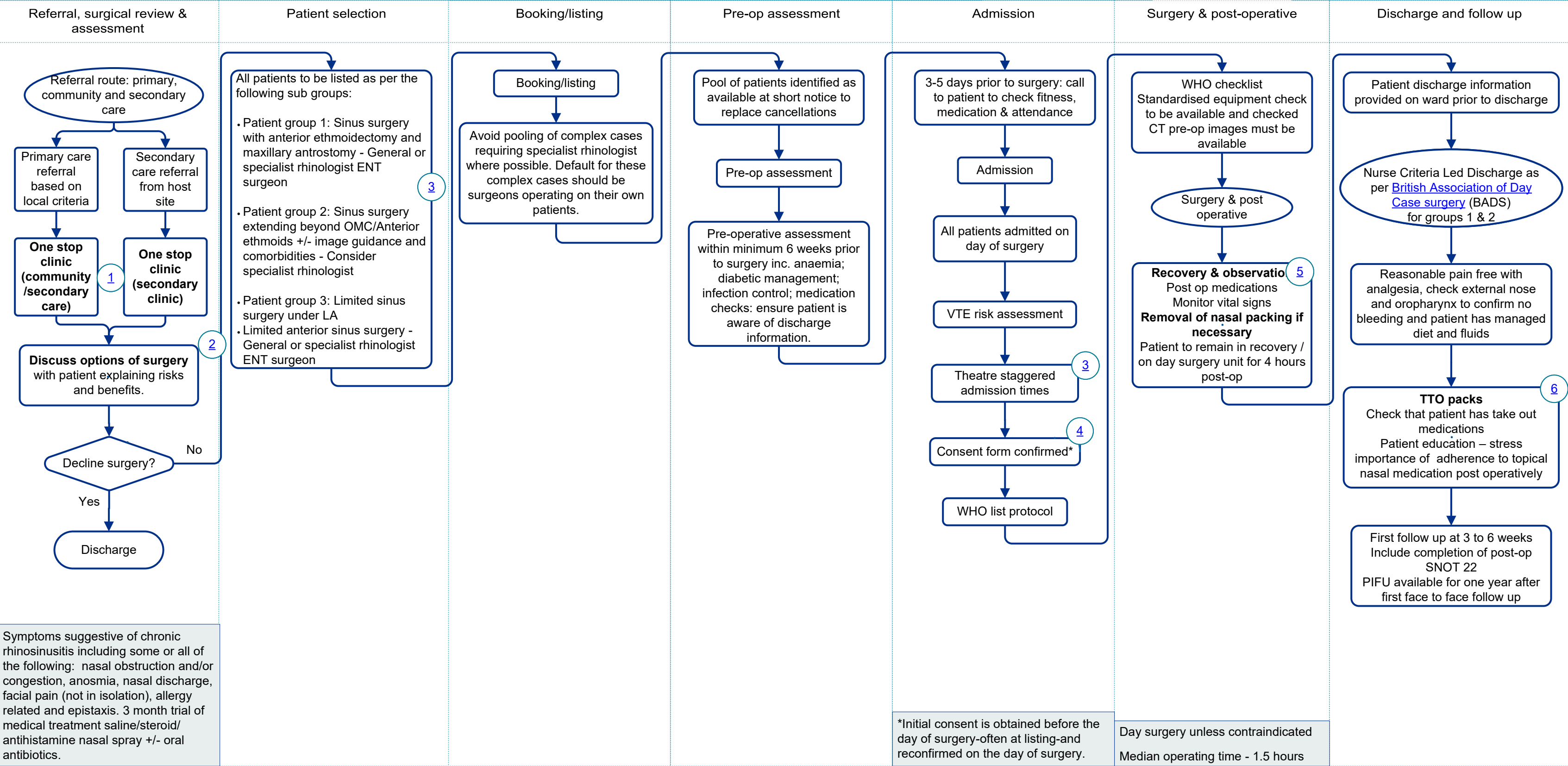




Notes:

1

One stop clinic

- ☐ SNOT 22
- ☐ CT scan ideally same day
- ☐ Nasal endoscopy
- ☐ Skin prick test or RAST
- ☐ Surgery options, consent and patient information – signpost to ENT UK patient leaflets
- ☐ [Sinus surgery for chronic rhinosinusitis without nasal polyps | ENT UK](#)
- ☐ [Sinus surgery for chronic rhinosinusitis with nasal polyps | ENT UK](#)

Pre-operative assessment

2

Medication checks: patients are counselled about the medication they will be discharged on and must be asked to obtain a supply prior to admission

3

Theatre staggered start times

Morning list – first 2 patients at 7:30am and remaining patients staggered

Afternoon list first two patients at 11:30am and remaining patients staggered

4

Use of standardised consent form

- Trust specific standardised form

5

Recovery & observation

Consider whether there is need to monitor for 4 hours post-op unless anaesthetist colleagues feel otherwise

Most ESS can be undertaken as daycase surgery

Navaratnam AV, Pendolino AL, Andrews PJ, Saleh HA, Hopkins C, Randhawa PS, Little S, Day J, Briggs TWR, Gray WK. Safety of day-case endoscopic sinus surgery in England: An observational study using an administrative dataset. Clin Otolaryngol. 2023 Mar;48(2):191-199. doi: 10.1111/coa.14006

6

TTO packs TTO packs/post operative medication

- ☐ Ensure patient is given detailed instructions regarding post operative medication and technique
- ☐ Nasal drops: [How to use nasal drops | ENT UK](#)
- ☐ Nasal sprays: [How to use nasal sprays | ENT UK](#)